

PARENTING...
AGAIN?!!

PERSPECTIVES FROM STACY SANCHEZ

10-Day Devotional

HAPPY
GRANDPARENTS
DAY



STACY SANCHEZ

"But from everlasting to everlasting the Lord's love is with those who fear him, and his righteousness with their children's children."
-Psalm 103:17 (NIV)



DAY ONE-

Legacy of Love: But Am I Enough?

"Some days the questions swirl in our minds: Am I doing enough for my grandchildren? Am I what these children truly need? The weight of responsibility can press heavy on our hearts.

But the truth is this, the greatest gift we can give our grandchildren isn't more activities, more possessions, or more applause from the world. The most valuable treasure we can leave them is a love for God that takes root deep in their hearts.

When we teach them—through both our words and our daily example—that Jesus is all they truly need, we pass down something far greater than earthly success. We give them a heritage that will outlast us, a foundation that cannot be shaken.

As we guide our grandchildren, let's remember, we are planting seeds that will grow into mighty men and women of God—children who honor Him, call Him blessed, and live with eternity in view.

REFLECTION-

What can I do today, in word or action, to plant seeds of faith that will grow into a lasting legacy of love for my grandchildren?

PRAYER-

Father, we confess that we often get caught up in the day-to-day worries of Am I doing enough? and Am I what they need? Remind us that the greatest gift we can give our grandchildren is a deep love for You. Help us raise them to be mighty men and women of God who honor You with their lives. Teach us to lead by example, showing them that they don't need things, acclaim, or the praise of man—only You. Bless them with a legacy of love and a heritage that brings You glory. Amen.



"These things I have
spoken to you, that
my joy may be in
you, and that your
joy may be full."
-John 15:11 (ESV)

DAY TWO-

Choosing Joy in the Hard Places

Sometimes, when we're in the thick of something hard, joy feels like a distant memory. Raising our grandchildren at this stage of life can be exhausting. It's physically demanding, emotionally draining, and spiritually stretching. Sleepless nights, tough decisions, and the weight of responsibility can make joy feel out of reach—like chasing the wind.

But Scripture gently reminds us: "The joy of the Lord is your strength." (Nehemiah 8:10) Not our strength. Not our mood. Not our circumstances. His joy. A joy not based on how easy the day is, but on the unshakable truth that God is with us, for us, and working through us—even when we feel worn thin.

Jesus promised us we can have joy to the full. His joy is not fleeting—it's a gift that fills us and sustains us, even in the hard places.

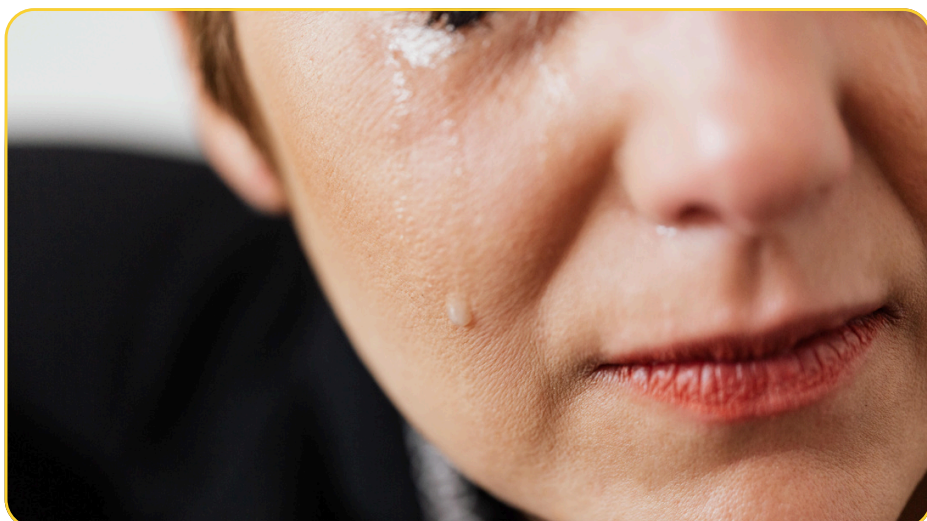
Finding joy doesn't mean pretending everything is okay. It means being intentional. It means choosing to notice the beauty tucked inside small, ordinary moments: A sleepy hug from a child who trusts you more than anyone. A burst of laughter after a hard day. Today, let's pray that in the middle of tantrums, trauma, or teen attitudes, we would discover joy hidden in the cracks of our everyday lives.

REFLECTION

What small, ordinary moments with your grandchildren have unexpectedly filled you with joy?

PRAYER-

Lord, some days joy feels like a stranger. But You are our constant. Help us see Your hand amid the chaos. Show us beauty in the mess and laughter in the struggle. Fill our hearts with Your joy—the kind that strengthens us even when we're worn thin. Thank You for the calling You've placed on our lives. Thank You for these precious children. Help us love them well, and in the loving, find joy. In Jesus' name, Amen.



DAY THREE-

God Wastes Nothing

We've all walked through seasons of heartache, pain, and sleepless nights—especially in the calling of raising our grandchildren. The road isn't easy. It can feel heavy and lonely at times. Yet Scripture reminds us that God wastes nothing. Not one tear, not one prayer, not one long night of worry is overlooked by Him.

What we've endured, God can use. Our scars can become someone else's signpost of hope. Our stories can help another weary traveler keep going. When we place our brokenness in His hands, He turns it into purpose.

So today, instead of asking "Why me?" let's ask, "Lord, how can You use this?" He is faithful to redeem even the hardest chapters of our lives.

A yellow sticky note is pinned to the page with a pink pushpin. The note contains a quote from 2 Corinthians 1:4 (NLT) written in a cursive, handwritten style.

"He comforts us in
all our troubles
so that we can
comfort others."
-2 Corinthians 1:4 (NLT)

REFLECTION

How might God use the
pain or challenges
you've walked through
to bring comfort and
hope to someone else?

PRAYER-

Father, thank You that You waste nothing in our lives. Not our tears, not our struggles, not our sleepless nights. Use the scars we carry to bring hope to others. Open our eyes to see who needs encouragement today. Help us trust that You are writing a greater story, one that turns pain into purpose and brings glory to Your name. In Jesus' name, Amen.



DAY FOUR-

What About You?

"Therefore God exalted him to the highest place and gave him the name that is above every name, that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue acknowledge that Jesus Christ is Lord, to the glory of God the Father." -Philippians 2:9-11 (NIV)

Jesus once turned to His disciples and asked a question that echoes through time and touches every human heart: "But what about you?" he asked. "Who do you say I am?" Matthew 16:15 (NIV)

It wasn't a rhetorical question. It was, and still is, a deeply personal one. The world has its opinions. Some say Jesus was a great teacher, a prophet, or a moral guide. Others dismiss Him altogether. But Jesus doesn't ask the world what they think. He asks you.

Who is He?

In times of trouble—when the waves are high and your strength feels small—who do *you* say He is? In times of abundance—or when you don't know how you'll make ends meet—who do *you* say He is? When anxiety grips, when joy overflows, when depression darkens, or laughter lifts—who do *you* say He is?

This question is not just for a moment. It's one we must answer again and again in every season, every circumstance, every step of the journey. Let it settle deep in your heart today. Wrestle with it. Pray through it. Speak your answer aloud. Let the name of Jesus be more than a name. Let it be your confession, your anchor, your everything.

REFLECTION-

When Jesus asks you today, "Who do you say I am?"—what is your answer, not just with words, but with your life?

PRAYER-

Jesus, You are the Christ, the Son of the Living God. In every season, You remain my Savior, my Shepherd, my Hope, and my Friend. Help me to answer Your question with my life, not just my lips. Teach me to know You more deeply and love You more fully. Amen.

"But he said to me, 'My grace is sufficient for you, for my power is made perfect in weakness.' Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me."
-2 Corinthians 12:9 (NIV)



DAY FIVE-

He Will Strengthen You

There are moments when life feels like too much—too heavy, too loud, too uncertain. Our hearts grow weary, our hands feel weak, and our strength seems to drain away. In those moments, God's Word reminds us of a powerful truth: "Fear not, for I am with you; be not dismayed, for I am your God. I will strengthen you, I will help you, I will uphold you with My righteous right hand." Isaiah 41:10 (ESV)

This is not just a comforting verse to hang on a wall—it's a promise from the heart of God to yours.

When your burden feels overwhelming, call out to Him. He hears you. When your soul feels dry, whisper His name. He is near. When you feel invisible, remember this: God sees you. God cares. And God will help you.

You don't have to pretend to be strong. You don't have to hold everything together. God invites you to lean into Him—to let Him be your strength when yours runs out.

Today, whatever you're carrying, don't carry it alone. Call out to the One who promises to strengthen you, help you, and hold you up.

REFLECTION-

Where in your life right now do you most need to lean on God's strength instead of your own?

PRAYER-

Father God, I come to You tired and worn, needing Your strength. You said You would help me, and I believe You. Thank You for hearing my cry, for caring about what weighs on my heart. Hold me with Your righteous right hand. Strengthen me in the places where I feel weak. Remind me that I am never alone—You are my helper, my sustainer, and my refuge. I trust You today. In Jesus' name, Amen.



"But he said to me, 'My grace is sufficient for you, for my power is made perfect in weakness.' Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me."
-2 Corinthians 12:9 (NIV)

DAY SIX-

Everyday Sabbath Rest

Are you caught in a storm—emotionally, physically, or spiritually? You're not alone. The winds howl and the waves of worry crash, yet God still whispers, "Rest." He knew we would need it, so He wove Sabbath into the fabric of creation—not as a single day to check off, but as a rhythm for everyday life. Because of Jesus, "There remains, then, a Sabbath-rest for the people of God" (Hebrews 4:9, NIV). That means today—and every day—you can pause, breathe, and let Him carry what feels too heavy.

How to Enter Everyday Sabbath Rest

- **Pause to Remember.** Take thirty seconds to recall one way God has been faithful this week.
- **Breathe a Prayer.** Whisper, "Lord, I hand You this burden." Let your shoulders drop.
- **Choose One Life-Giving Practice.** A slow walk, a worship song, a moment of silent gratitude—anything that shifts your gaze from the storm to the Savior.

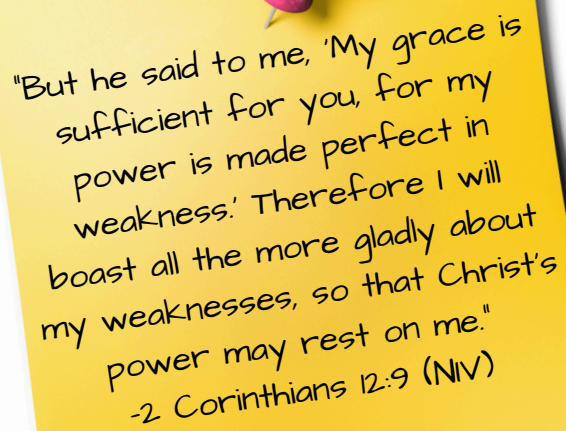
You don't have to wait until Sunday. His rest is available this very moment, because the One who calmed the sea still speaks peace over you.

REFLECTION-

What is one burden you need to hand to the Lord today so you can enter His rest?

PRAYER-

Lord, thank You for offering Sabbath rest every day. Quiet my soul in Your love, still the storm inside me, and teach me to live from Your unhurried grace. Amen.



"But he said to me, 'My grace is sufficient for you, for my power is made perfect in weakness.' Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me."
-2 Corinthians 12:9 (NIV)



DAY SEVEN-

He Hears and He Acts

The Lord has heard the cries of your heart. He has not turned away or covered His ears. Every whispered prayer, every tear that falls in silence—He sees them all. Nothing is hidden from His compassionate gaze.

Be assured, He has not ignored your pleas. Though the answers may not come in the way or timing you expect, trust that He is working on your behalf. In the unseen places, God is moving. In the waiting, He is weaving purpose. In the ache, He is drawing near.

The One who spoke the stars into place is the same One who says, "If God is for us, who can be against us?" (Romans 8:31). He will not abandon the work of His hands. He will carry out and finish His plans for your life. You are not forgotten. You are held.

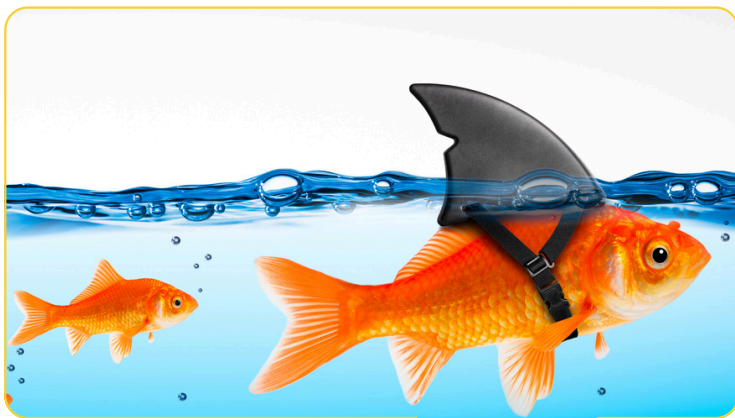
Today, take heart. You've been lifted in prayer. You are loved, you are seen, and you are covered. He's not just listening. He's answering.

REFLECTION-

Where in your life do you most need to trust that God not only hears your prayers but is already at work in ways you cannot yet see?

PRAYER-

Lord, thank You for hearing the cries of my heart—even the ones I cannot put into words. Remind me today that I am not forgotten. Help me to trust that You are working in the silence, moving in the unseen, and weaving Your good purposes for my life. Strengthen my faith to wait on You with hope, knowing You hear and You act. In Jesus' name, Amen.



"But he said to me,
'My grace "Carry
each other's
burdens, and in this
way you will fulfill
the law of Christ.
-Galatians 6:2 (NIV)

DAY EIGHT-

Take Off the Brave Face

We've gotten good at putting on a brave face. Our grandchildren are watching, depending on us to hold it together—to be the steady ones when everything else feels uncertain. And most days, we do. We show up with strength, with resolve, with love that refuses to quit.

But there comes a time when even the strongest hearts need space to rest. You weren't meant to carry this calling alone.

It's okay to take off the brave face.

It's okay to admit you're tired, or worried, or worn down. God never asked us to fake it. He invites us to be real and bring Him our heavy hearts, our honest tears, and even the questions we don't have answers for.

Sometimes that also means leaning on others. Talking with a trusted friend. Reaching out to a counselor, a pastor, or even sharing honestly in a safe space with other grandparents. Raising grandchildren is a beautiful calling, but it is also incredibly hard. And you don't have to pretend otherwise.

Take comfort today: you are seen and you are loved. As you are reading this, perhaps pause to pray for another weary grandparent. Let's carry one another's burdens and remind each other—we are not in this alone.

REFLECTION-

Where in your life do you
need to take off the
"brave face" and allow
God—and others—to
help carry your burden?

PRAYER-

Lord, I confess that too often I hide behind a brave face, trying to be stronger than I really feel. Thank You for reminding me that I don't have to carry this weight alone. Help me to bring You my honest heart and to trust others with my struggles too. Teach me to rest in Your love and to lean on the community You've placed around me. And as You comfort me, show me how to comfort and pray for others who are weary on this same journey. In Jesus' name, Amen.



"The Lord has
established His throne
in the heavens, and His
kingdom rules
over all."
-Psalm 103:19 (ESV)



DAY NINE-

He Is Above It All

In a world that feels increasingly chaotic, uncertain, and out of control, one unshakable truth stands firm: God is sovereign.

A.W. Tozer said, "He is above it all, orchestrating His perfect plan. This truth gives us peace, knowing that nothing is beyond God's control."

Let that sink in. Nothing! No news headline, no diagnosis, no financial setback, no relationship strain is outside of His authority or awareness.

When life feels overwhelming, we can rest in the knowledge that God hasn't stepped away from the throne. He is still ruling, still reigning, still working all things for good for those who love Him (Romans 8:28). His sovereignty doesn't always mean life will be easy or pain-free, but it does mean it will never be meaningless.

So today, release your fears and anxious thoughts to the One who holds the whole world—and your life—in His capable hands. He sees the beginning from the end. You are not forgotten. You are not alone.

REFLECTION-

What areas of your life
feel out of control
today? How might
remembering God's
sovereignty bring peace
to your heart?

PRAYER-

Lord, when life spins out of my control, remind me that it is never out of Yours. Help me trust that You are working, even when I can't see it. Give me peace in the middle of uncertainty, knowing You are sovereign and good. Amen.



"But he said to me, 'My grace 'Carry each other's burdens, and in this way you will fulfill the law of Christ.
-Galatians 6:2 (NIV)

DAY TEN-

You Matter More Than You Know

There are days when the weight feels unbearable. The bills stack up, your body aches before you even rise from bed, and the challenges multiply faster than you can count. You're tired, stretched, worn, and maybe even a little invisible. But friend, please hear this: you matter.

In the middle of the tantrums, appointments, financial strain, and heartbreak, you are making a difference. You are shaping lives, sowing seeds of hope into your grandchildren's hearts. You are their safe place. Their hero.

God sees your sacrifice. He called you to this sacred work—not because it would be easy, but because He trusted you with it. You are not parenting from your own reserves—you are parenting from His. When your stamina fades, His strength begins. "He gives strength to the weary and increases the power of the weak." Isaiah 40:29 (NIV)

He sees you choosing gentleness when anger would be easier. He sees the courage it takes to love a child through trauma. He sees the tears you cry behind closed doors. And He is with you. Strengthening. Equipping.

So today, pause and breathe in His grace. The Lord who called you to this season will not leave you in it alone. He is making something beautiful out of the struggle.

REFLECTION-

Where in your daily life do you most need to be reminded that your quiet sacrifices matter to both your grandchildren and to God?

PRAYER-

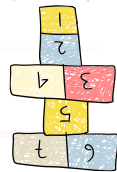
Lord, thank You for trusting me with this sacred calling. I confess that I feel tired—physically, emotionally, and spiritually—but I know You are my strength. Breathe Your life into me today. Pour into me so I may pour into my grandchildren. Help me to love with Your love, lead with Your wisdom, and walk with Your peace. Give me the grace to endure when the road is hard and my strength feels small. Thank You that You see me, You know me, and You are faithful. In Jesus' name, Amen.

A PRAYER FOR GRANDFAMILIES

Lord Jesus,
Make us a conduit
of Your love,



a bridge of
compassion,
and a tent of



security
for the
grandchildren



You have called us
to raise.



Fill our aging minds,
bodies, and spirits

with Your power,



and our homes



with provision

so we may continue

to sacrificially love



like You.



In Your Name,

Amen